

**2010 SCLSC Long-course Swimming Championships and Summer Finale**  
July 22-25, 2010  
Augusta Aquatics Center, GA

**Hosted By:** Myrtle Beach Riptides and Hilton Head Aquatics

**Sanction:** Held under Sanction of USA-Swimming issued by GA Swimming, Inc. Sanction #GA10-44. Time Trials #GA10-45TT

**Times:** **State Championship** –  
Thursday – *This will be Positive Check-In session*  
Warm-ups at 3:30pm  
Competition at 5:00pm

Friday, Saturday and Sunday –  
Warm-ups – 11 and Over PRELIMS @ 7:00am; Competition @ 8:30am  
Evening FINALS – 11 and Over @ 4:00pm; Competition @ 5:00pm

The meet director reserves the right to adjust warm-up and competition times.

Teams will be assigned lanes and sessions for all PRELIMS warm-ups.

**Summer Finale and 10/Under State Championships -**  
Thursday – warm-ups at 12:00pm, competition at 1:00pm  
Friday and Saturday – warm-ups immediately at conclusion of prelim session,  
competition 1 hour later. Meet host will post approximate start times by Monday, July 19, 2010 at [www.TeamRiptides.com](http://www.TeamRiptides.com)

Meet host reserves right to cut-off sessions in order to conclude by 3:30pm for Finals' warm-ups.

Meet host reserves right to limit all Summer Finale events in order to ensure all 10/Under State events will be swum.

**Location:** Augusta Aquatics Center  
3157 Damascus Rd  
Augusta, GA  
Phone: (706) 261-0424

**Facilities:** Indoor 8-lane 50-meter pool with 6" Competitor non-turbulent lane lines, bottom striped and wall targets and a 6-lane 25-yard warm-up pool. Colorado Timing Systems electronic timing and display board will be used. Mezzanine spectator seating for 1100 will be available. On-deck seating for athletes and coaches. **Chairs are not permitted in the facility as per Fire Marshall.** Concessions will be available – **coolers may not be brought into the spectator area.** Hospitality will be available for coaches, officials, and meet personnel.

**Rules:** Current USA-Swimming and GA Swimming rules will govern the meet. The current GA Swimming Scratch rule will be in effect.

**State Championship** – Swimmers entered in any event must have achieved the current SCS Championship qualifying time.

**Summer Finale** – Swimmers may not enter any event in which they hold the current SCS Championship qualifying time.

**Scratch  
Procedure:**

**State Championship -**

The GALSC scratch rule will be followed. Any swimmer not planning on competing in the evening Finals **MUST** scratch so those swimmer who would like to swim again, may do so. The penalty for failure to show in a Finals or consolation Final is being barred from the remainder of the meet (USA-S Rule 207.7.9.D).

The penalty for missing a deck-seeded event will result in being barred from competing in the swimmer's next event.

There is no penalty for not swimming in seeded preliminary events.

**Summer Finale -**

The penalty for failing to show in a positive check-in event will disqualify the swimmer from their next immediate event.

There is no penalty for not swimming in a seeded event.

**Time Trials:** Will be conducted after preliminaries and/or after the Finals at the discretion of the meet Referee.

Time Trials fees must be paid upon entry at the Clerk of Course

**Swim Off's:** It is the responsibility of the coach and/or swimmer to check for ties leading to swim-offs. Swim-offs will be swum at the discretion of the meet referee, but not more than 45 minutes after the last heat of any event in which any one of these swimmer is competing in that session. Any swimmer not present for a swim-off will be dropped to the lower place.

**Entries:** All swimmers may not compete in more than 3 (three) individual events per day. Each team is limited to 2 (two) relays per relay event. Hy-Tek Meet Manager software will be used. All entries **MUST** be submitted on Hy-Tek or similar software. All entries must include hardcopy, meet reconciliation form, and check for fees. Entries may be e-mailed to [swimjim@sccoast.net](mailto:swimjim@sccoast.net). **Entries will not be considered official until hardcopy, meet recon form and check are received.** Teams not using Hy-Tek or similar entry software will be charged an additional \$15 per swimmer.

**Format: State Championships -**

All events, except those noted in the itinerary below, will be conducted as Prelims/Finals;

All 10/Under events are Timed Finals and will compete in the Summer Finale sessions;

The Top-8 checked-in 11-12, 13-14 and Senior relays will be in Finals session, all other relays will be in the Timed Finals in the Finals Session; the 800 Free relay which will be conducted on Thursday evening;

Swimmer **MUST** have the qualifying time for their respective age-group in all entered events;

The 800 free on Thursday evening will be contested as fastest to slowest, alternating women, then men;

The 10/Under 400 free and 11-12 400 IM will be swum as follows: All women, fast to slow, followed by all men, fast to slow;

The 1500 free on Sunday will be contested fastest to slowest, alternating women then men, with the fastest heat of women and men swimming in Finals;

The 11-12 200 back, breast, fly and 400 free and 400 IM will be conducted as a deck-seeded, positive check-in, Timed Final events with the fastest 8 positively checked-in swimmers competing in Finals;

The 11-12 400 free will be swum fast to slow, alternating heats girls then boys, with the fastest 8 positively checked-in swimmers competing in Finals;

The 13-14 and Senior 400 IM and 400 Free will be conducted as Prelims/Finals events. These events will be deck-seeded, with the Top-4 women heats swimming (slow to fast), the Top-4 men heats swimming (slow to fast), and then the remaining heats, alternating women then men, fast to slow;

All events 400 meters and longer and all 11-12 200's back, breast, and fly will be positive check-in. Clerk of Course will close 30 minutes prior to the start of competition;

There will be a consolation final heat followed by a Championship for Senior events, and a Championship Final heat only for 11-12 and 13-14 events except for Timed Final 11-12 events and 1500 free noted previously as being the fastest heat (Top-8) swimming in Finals.

The meet host will operate the State Championship and Finale meet utilizing "chase starts." Odd numbered heats will begin at Scoreboard end. Even numbered heats will begin at opposite end. ALL relays will begin at scoreboard end. ALL 50's will begin at opposite end.

**Eligibility:** All swimmers and teams must be currently registered members of USA-Swimming and SC Swimming only.

**Entry Fees:** **State Championships -**  
\$4.50 per individual event. \$8.00 per relay. \$17.00 per swimmer pool charge. \$9.00 per Time Trial. Entry fees are non-refundable.

**Summer Finale -**  
\$4.00 per individual event. \$17.00 per swimmer surcharge (if swimmer is also entered in State Championship, there is not an additional charge). Entry fees are non-refundable.

**The Clerk of Course will close 30 minutes before the start of competition of each for positive check-in events.** Late entries and deck entries will not be accepted.

**Scoring:** **State Championships -**  
Individual Events – 9-7-6-5-4-3-2-1  
Relay Events – 18-14-12-10-8-4-2 (each team may only score 1 relay in each relay event)

**Awards:** **State Championships -**  
Banner and Traveling trophy – First place team women, men and overall  
Plaques - 2<sup>nd</sup>-3<sup>rd</sup> overall teams  
Age-group Highpoint will earn a plaque  
Individual event medals - 1<sup>st</sup>-8<sup>th</sup> place  
Relay events - Medals, 1<sup>st</sup>-3<sup>rd</sup>; Ribbons 4<sup>th</sup>-8<sup>th</sup>

**Summer Finale -**

Ribbons will be issued for all events 1<sup>st</sup>-8<sup>th</sup> place. Placing shall be determined in the following age-groups – 10/Under, 11-12, 13-Over.

**Volunteers  
& Officials:**

Volunteer certified officials are welcome and encouraged to assist with the meet. Please contact:

Meet Directors - James Smith, head coach Riptides, (843) 222-7105  
Colleen Rzczycki

Meet referees - Jim Gluhosky

Safety Marshall - Elaine Campbell, (843) 236-8854

**Mail Entries:**

2010 SCLSC Long-course State Championships

PMB #254

3001 N Kings HWY

Myrtle Beach, SC 29577

E-mail: [swimjim@sccoast.net](mailto:swimjim@sccoast.net)

**Entry****Deadline:**

July 12, 2010. USPS Express or FEDEX are highly recommended; please be sure to sign signature waiver.

**Warm-ups:**

Teams will be assigned lanes and times for specific warm-ups. Notice will be distributed to all teams and posted at [www.TeamRiptides.com](http://www.TeamRiptides.com) no later than July 19, 2010.

**Reminder:**

As per USA-S rules, only swimmers, coaches, officials and other meet personnel are permitted on the pool deck at any time. All coaches must be members in good standing with USA-S and present credentials to receive coaching packet.

**Proof of****Time:**

A fine of \$100.00 will be levied against the club (if unattached, against the swimmer) when a swimmer fails to swim a time equal to or faster than the qualifying standard for each event at the long-course or short-course State Championships and the club (or the swimmer if unattached) is unable to prove, using officials results, that he or she has met the qualifying standard in that event in a meet held since the last like-course State Championship. This fine must be paid (or the time must be proved) within 45 days from the date of notification. If the fine is not paid within the 45 days, it will be doubled. This notification will be made through an exception report that will be generated by the host club and sent with the meet results. The Administrative Vice-Chair will enforce the fines.

If swimmers participate in a relay, and fail to meet the qualifying standard, their team must demonstrate that the aggregate of the times of the four competing swimmers meets the relay qualifying standard. Otherwise, aforementioned fines will be issued.

Entries will be submitted into SWIMS database for authenticity. Non-conforming times must be proved or changed within twenty-four (24) hours of notification by meet director. Failure to comply will result in swimmer being removed from event.

**Coaches****Meeting:**

There will be a coaches meeting on Thursday, July 22 at 11:45am. Any changes or questions will be announced.

**Events:**

**State Championship** – Swimmers may compete in not more than three (3) individual events per day

Thursday, July 22, 2010 - \*Positive Check-in events

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	800 Free Relay*	2
3	11-12 400 IM*	4
5	800 free*	
	1500 free*	6

Friday, July 23, 2010, PRELIMS

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
7	11-12 200 Free Relay*	8
9	13-14 400 Free Relay*	10
11	Open 400 Free Relay*	12
13	11-12 200 free	14
15	13-14 200 free	16
17	Open 200 free	18
19	11-12 50 breast	20
21	13-14 200 breast	22
23	Open 200 breast	24
25	11-12 100 fly	26
27	13-14 100 fly	28
29	Open 100 fly	30
31	11-12 200 back*	32
33	13-14 400 IM	34
35	Open 400 IM	36

\*These events are Positive check-in, with Top-8 swimming in Finals

Friday, July 23, 2010, FINALS

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
13	11-12 200 free	14
15	13-14 200 free	16
17	Open 200 free	18
19	11-12 50 breast	20
21	13-14 200 breast	22
23	Open 200 breast	24
25	11-12 100 fly	26
27	13-14 100 fly	28
29	Open 100 fly	30
31	11-12 200 back	32
33	13-14 400 IM	34
35	Open 400 IM	36
7	11-12 200 Free Relay	8
9	13-14 400 Free Relay	10
11	Open 400 Free Relay	12

Saturday, July 24, 2010, PRELIMS

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
37	11-12 200 Medley Relay*	38
39	13-14 400 Medley Relay*	40
41	Open 400 Medley Relay*	42
43	11-12 200 IM	44
45	13-14 200 IM	46
47	Open 200 IM	48
49	11-12 50 free	50
51	13-14 50 free	52
53	Open 50 free	54
55	11-12 100 back	56
57	13-14 200 back	58
59	Open 200 back	60
61	11-12 100 breast	62
63	13-14 400 free**	64
65	Open 400 free**	66
67	11-12 400 free**	68

\*This is a Positive check-in event with Top-8 swimming in Finals

\*\*This is a Positive check-in event; Top-8 11-12 year olds will swim in Finals

Saturday, July 24, 2010, FINALS

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
43	11-12 200 IM	44
45	13-14 200 IM	46
47	Open 200 IM	48
49	11-12 50 free	50
51	13-14 50 free	52
53	Open 50 free	54
55	11-12 100 back	56
57	13-14 200 back	58
59	Open 200 back	60
61	11-12 100 breast	62
63	13-14 400 free	64
65	Open 400 free	66
67	11-12 400 free	68
39	13-14 Medley Relay	40
41	Open 400 Medley Relay	42
37	11-12 200 Medley Relay	38

Sunday, July 25, 2010, PRELIMS

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
69	11-12 50 back	70
71	13-14 100 back	72
73	Open 100 back	74
75	11-12 200 fly*	76
77	13-14 200 fly	78
79	Open 200 fly	80
81	11-12 200 breast*	82
83	13-14 100 breast	84
85	Open 100 breast	86
87	11-12 50 fly	88
89	13-14 100 free	90
91	Open 100 free	92
93	11-12 100 free	94
	15 minute break	
95	11-Over 1500 free*	
	11-Over 800 free*	96

\*This is a Positive check-in event with Top-8 swimming in Finals

Sunday, July 25, 2010, FINALS

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
95	1500 free	
69	11-12 50 back	70
	800 free	96
	10 minute break	
71	13-14 100 back	72
73	Open 100 back	74
75	11-12 200 fly	76
77	13-14 200 fly	78
79	Open 200 fly	80
81	11-12 200 breast	82
83	13-14 100 breast	84
85	Open 100 breast	86
87	11-12 50 fly	88
89	13-14 100 free	90
91	Open 100 free	92
93	11-12 100 free	94

**10/Under State and Summer Finale** – Swimmers may not compete in more than 3 (three) individual events per day

Thursday, July 22, 2010

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
101	10/Under State 200 free*	102
103	12/Under 200 free*	104
105	13/Over 200 free*	106
107	10/Under State 50 breast	108
109	12/Under 50 breast	110
111	13/Over 200 breast*	112
113	10/Under State 100 fly	114
115	12/Under 100 fly	116
117	13/Over 100 fly	118
119	10/Under State 200 Free Relay*	120
121	13/Over 400 IM*^	122

\*This is a Positive check-in event ^This event may be limited pending timeline

Friday, July 23, 2010

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
123	10/Under State 200 IM*	124
125	12/Under 200 IM*	126
127	13/Over 200 IM*	128
129	10/Under State 50 free	130
131	12/Under 50 free	132
133	13/Over 50 free	134
135	10/Under State 100 back	136
137	12/Under 100 back	138
139	13/Over 200 back*	140
141	10/Under State 100 breast	142
143	12/Under 100 breast	144
145	10/Under State 200 Medley Relay*	146
147	Open 400 free*^	148

\*This event is Positive check-in ^This event may be limited due to timeline

Saturday, July 24, 2010

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
149	13/Over 100 breast	150
151	10/Under State 50 back	152
153	12/Under 50 back	154
155	13/Over 100 back	156
157	10/Under State 50 fly	158
159	12/Under 50 fly	160
161	13/Over 200 fly*	162
163	10/Under State 100 free	164
165	12/Under 100 free	166
167	13/Over 100 free	168
169	10/Under State 400 free*^	170

\*This is a Positive check-in event ^All checked-in swimmers will compete

**2010 SCS Long-course State Championships and Summer Finale  
July 22-25, 2010**

Meet Reconciliation Form

**Number of swimmers** \_\_\_\_\_ x \$17 pool fee = \_\_\_\_\_

**Number of individual STATE events** \_\_\_\_\_ x \$4.50 event fee = \_\_\_\_\_

**Number of relay STATE events** \_\_\_\_\_ x \$8.00 event fee = \_\_\_\_\_

**Number of individual FINALE events** \_\_\_\_\_ x \$4.00 event fee = \_\_\_\_\_

**Total:** = \_\_\_\_\_

**Make checks payable to: Myrtle Beach Riptides**

**Number of Coaches:** \_\_\_\_\_ *Coaches MUST present credentials to receive packet*

**Release:** USA Swimming, South Carolina Swimming LSC, Georgia Swimming LSC, Myrtle Beach Riptides, Hilton Head Aquatics, Hilton Head Aquatics Booster Club, Augusta Aquatic Center and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**Signature:** \_\_\_\_\_ **Position:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Mail To:** Myrtle Beach Riptides  
2010 SCS Long-course State Championships and Summer Finale  
PMB #254  
3001 N Kings HWY  
Myrtle Beach, SC 29577

*This document must be completed and returned with check and hardcopy of entries.*