Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT



Host Club: CAROLINA AQUATICS SWIM CLUB (www.carolina-aquatics.com)

 Meet
 Allaire Posey
 CA.Meet.Dir@gmail.com
 803-665-7504

 Co-Directors:
 Karen Lobitz
 803-445-7959

Meet Referee: Official's Chair or her designee carolnaco@aol.com 843-384-2821

Administrative

Victoria Culbertson <u>meet.support@sportstiming.com</u> 843-628-5486

Referee:

Meet Entries to: Victoria Culbertson See Meet Entry Instructions 843-628-5486

<u>www.sportstiming.com</u> <u>meet.support@sportstiming.com</u>

Safety Marshal: Lisa Higgins <u>lisahiggins61@sc.rr.com</u> 803-477-5826

Facility: The Carolina Natatorium (located inside the Solomon Blatt Physical Education Center)

University of South Carolina

1400 Wheat Street Columbia, SC, 29201

Home to USC's competitive swimming and diving programs, the Carolina Natatorium is a semi-open air facility that contains a ten lane, 50-meter competition pool with a separate 25-yard diving well for warm up/warm down, and seating for 800 spectators. The water depth of the competition course is 7 feet measured from one (1) meter to five (5) meters at the starting end of the course and 4 feet measured from one (1) meter to five (5) meters at the turn end of the course. The competition course has not been certified in accordance with 104.2.2C(4).

**PARKING:** Parking for all meet participants (including coaches and officials) is available at Bates House Dormitory, located on Whaley Street, a short walk over the skywalk to the Blatt Center. Meter parking also is available. Any parking space marked "reserved" is subject to towing. A map is available on the Carolina Aquatics website under the LC State Champs event information (www.carolina-aquatics.com).

ENTRY TO THE CAROLINA NATATORIUM: Only those possessing USC identification or needing ADA accessibility will be allowed entry through the front doors. Spectators enter on the east side of the building through the Gamecock awning doors adjacent to the parking lot. Swimmers also enter on the east side but through the door <u>farthest</u> from the street; swimmers will be allowed on the pool deck no sooner than 15 minutes before their session warm-up.

#### Facility Rules:

- Spectators will be limited to bleacher seating in the spectator seating /viewing area.
- Only swimmers, meet officials, coaches, and meet personnel with proper credentials will be allowed on the pool deck. Swimmers will be limited to designated areas on deck.
- Swimmers may bring folding chairs on deck for the duration of the meet, but at the end of the day chairs must be folded and placed against the wall.
- Safety marshals will be assigned to supervise all sessions of the meet and will have the authority to remove any swimmer, coach, parent, or club from the pool and facility, if necessary, for not following the facility and meet safety rules.

Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

## Facility (continued):

- Any swimmer found to be abusing any area of the facility will be barred from further competition and will also be barred from the facility. The team of any swimmer found to be abusing any area of the facility will be held responsible for any and all repairs resulting from the abuse.
- No glass containers inside the pool area.
- Hallways and stairwells must remain clear and easily accessible.
- No flash photography.

#### **Rules:**

Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. Use of audio or visual recording devices, including a cell phone, is prohibited in changing areas, rest rooms, and locker rooms. The use of cell phones behind the blocks is prohibited. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

#### Athlete Eligibility:

This meet is open to all swimmers currently registered with USA Swimming and SC Swimming only. Age is to be determined on the first day of the meet. All USA Swimming registration numbers will be verified with the SC LSC registration database.

Any swimmer entered in the meet unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All swimmers entered must meet or exceed the SC State Meet Qualifying Standards in EACH event entered. All swimmers shall have met the state meet individual event qualifying time standard in the age group of the relay event in which they swim. If swimmers participate in a relay and fail to meet the qualifying standard, then their team must demonstrate that the aggregate of the times of the four competing swimmers meets the relay qualifying standard. Any club which does not have four swimmers qualified for the meet in individual events may swim a relay if they can meet the qualifying time for that relay using aggregate times.

**Proof of Time:** A fine of \$100.00 will be levied against the club (or if unattached, against the swimmer) when a swimmer fails to swim a time equal to or faster than the qualifying standard for each event at the long-course or short-course State Championships and the club (or the swimmer if unattached) is unable to prove, using officials results, that he or she has met the qualifying standard in that event in a meet held since the last like-course State Championship. This fine must be paid (or the time must be proved) within 45 days from the date of notification. If the fine is not paid within the 45 days, it will be doubled. This notification will be made through an exception report that will be generated by the host club and sent with the meet results. The Administrative Vice-Chair will enforce the fines. If swimmers participate in a relay, and fail to meet the qualifying standard, their team must demonstrate that the aggregate of the times of the four competing swimmers meets the relay qualifying standard. Otherwise, aforementioned fines will be issued.

Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

#### **Entry Fees:**

All fees must be paid prior to the first day of the meet. Clubs should submit a <u>single check</u> payable to "Carolina Aquatics Swim Club, Inc."

\$20.00 facility fee per swimmer

\$2.00 SCLCS Travel Fund/Program Fee per swimmer

\$2.00 SCLCS Sports Development Fee per swimmer

\$3.00 per individual event (10&Under events)

\$3.50 per individual event (11&Over events)

\$6.00 per relay

\$1.00 Jennifer Smith Scholarship Fund

\$8.00 per time trial (Fees for time trials must be paid <u>in cash</u> to the Clerk of Course <u>prior to</u>

swimming time trial.)

# ENTRY FEES FOR EVENTS NOT SWUM WILL NOT BE REFUNDED NOR WILL A CREDIT BE GIVEN.

#### **Meet Format:**

The Meet Management Committee reserves the right to adjust the number of heats, lanes, and warm-up times based on the number of entries. The Meet Management Committee reserves the right to insert breaks in the meet where necessary to allow athletes proper rest. The Meet Management Committee reserves the right to make any changes during the meet to provide the best competition environment for the athletes.

- Deck entries will not be permitted.
- All starts will begin at the scoreboard end of the pool except 50 meter swims, which will start at the opposite end. All relays will begin at the scoreboard end.
- Meet management reserves the right to utilize "chase starts." If chase starts are used, the odd
  numbered heats will begin at the scoreboard end, and the even numbered heats will begin at the
  opposite end.
- All 10& Under events will be conducted as Timed Finals. Breaks will be added in the 10&Under session as necessary to provide adequate rest between events and to present awards. These will be determined after entries have been received.
- All 11-12, 13-14, and Senior events, except those noted below, will be conducted as Prelim/Final events with the top heat returning for 11-12 and 13-14 in finals. The Senior swimmers will have the Top 2 heats returning for finals.
  - a. The 11-12 events will be contested as Prelim/Final events with the following exceptions: 400 Free, 400 IM, 800 Free, 1500 Free.
  - b. The 11-12 200 Back, 200 Breast, and 200 Fly will be positive check-in, deck seeded. The Top Heat will proceed to Finals with all other swimmers competing in Timed Finals at Prelims.
- There will be a Championship Final heat (Top 10) for 11-12 and 13-14 events.
- For Senior events there will be a Consolation Final heat followed by a Championship Final heat.
  The names of swimmers in the Consolation heats will be announced once they are in the water.
  The names of swimmers in each Championship heat will be announced prior to the start of the event.
- All events 400 meters and longer will be positive check-in and deck-seeded. Positive check-in will close thirty (30) minutes prior to the start of the session.
  - a. The 10&Under 400 Free will be swum swum fastest to slowest, alternating girls and boys.
  - b. The 11-12 400 IM will be a Timed Final on Thursday evening swum fastest to slowest, alternating girls and boys.
  - c. The 11-12 400 Free will be a Timed Final during the Prelim session with the Top heat of positively checked-in swimmers competing in Finals. The Timed Final will be swum fastest to slowest, alternating girls and boys.
  - d. The 13-14 and Senior 400 Free and 400 IM will swim the Top 4 women heats (slow to fast, circle-seeded), the Top 4 men heats (slow to fast, circle-seeded), and then the remaining heats fastest to slowest, alternating women and men.

Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

### Meet Format (continued):

- The fastest heat in the 800 Free and 1500 Free will proceed to Finals on Sunday evening. The Thursday evening and Sunday morning Prelim heats will be swum fastest to slowest, alternating women and men. The 11&Over will be seeded together, but scored separately by designated age groups (11-12, 13-14, and Senior).
- All relays are positive check-in, deck seeded on the day of the relay with the Top heat of
  positively checked-in relays competing in Finals. All other relays will compete in the
  preliminary session. Positive check-in for relays will close 30 minutes prior to the start of the
  session.
  - Relay teams consisting of swimmers not in individual events must meet the relay standard with aggregate times.
  - b. Meet management reserves the right to move the 11-12, 13-14, and Senior relays to Finals to improve the timeline.

#### **Time of Meet:**

Meet management reserves the right to adjust warm-up and meet start times based upon the number of entries and timeline of the meet. Teams will be notified of any changes in timeline via email and/or the Carolina Aquatics website.

| <u>Session</u>         | <u>Warm-Ups</u>           | Start of Competition         |
|------------------------|---------------------------|------------------------------|
| Thursday Timed Finals* | 3:30 pm                   | 5:00 pm                      |
| Friday Prelims         | 7:00 am                   | 8:30 am                      |
| Friday 10&Under        | Immediately after prelims | 1 hour after warm-ups begin  |
| Friday Finals          | 5:00 pm                   | 6:00 pm                      |
| Saturday Prelims       | 7:00 am                   | 8:30 am                      |
| Saturday 10&Under      | Immediately after prelims | 1 hour after warm-ups begins |
| Saturday Finals        | 5:00 pm                   | 6:00 pm                      |
| Sunday Prelims         | 7:00 am                   | 8:30 am                      |
| Sunday 10&Under        | Immediately after prelims | 1 hour after warm-ups begin  |
| Sunday Finals          | 5:00 pm                   | 6:00 pm                      |

<sup>\*</sup> This will be a positive check-in session

#### **Entries:**

#### **NEW ENTRY SUBMISSION PROCEDURE:**

- Go to <a href="www.sportstiming.com">www.sportstiming.com</a>, click on upcoming meets, and click on "SC LC State Champs." Complete the form, upload your entry file, and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file.
- Send questions about entries to <u>ca.entries@sportstiming.com</u>.

#### The registration deadline is 11:59 pm, Monday, July 13, 2015.

Faxed entries will not be accepted. Late entries and deck entries will not be accepted. SC Swimming does not accept deck registrations. All swimmers entered must be registered at time of entry deadline.

- A swimmer may swim a maximum of eight (8) individual events, including time trials, for the entire meet. There are no limits on relays per team, but only one relay per team may place and score.
- All times must be listed to the 1/100th of a second. Entries must be submitted using a South Carolina State Meet Qualifying Short Course Yard or Long Course Meters time. Times entered must be actual (not converted) times. Times must have been achieved on or after July 24, 2014, and prior to the entry deadline.

Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

### Entries (continued):

- For all individual events, proof of time is necessary. Entry times will be checked against the SWIMS database. A psych sheet will be sent to all teams and posted at <a href="https://www.sportstiming.com">www.sportstiming.com</a> by noon on Wednesday, July 15, 2015. Per SC P&P, any corrections must be submitted within 72 hours and must include proof of time. Any times that need to be proven based on SWIMS comparison will need to be proven within 72 hours of receipt of notification or by noon on Sunday, July 19, 2015, whichever is earlier. Entries without proven times will be removed from the meet.
- Please use swimmer's full name, age, and sanctioned short course yard or long course meter times
- To download the electronic meet entry file, go to <a href="www.sportstiming.com">www.sportstiming.com</a>, "SC LC State Champs." The event file will also be available for download on the Carolina Aquatics and the SC Swimming websites.
- Entries must be submitted using USA Swimming Standard Data Interchange (.sd3) or compatible format. You must submit your signed team summary sheet for verification.

Awards:

Banner and rotating trophies: First place team overall, men, and women

Plaques: Second - Third Place team overall

High Point: Plaques: Highest scoring male and highest scoring female in each age group

Individual Event Medals: First – Tenth Place

Relays: Medals: First – Third, Ribbons: Fourth –Tenth

**Scoring:** 

Individual Events: 11-9-8-7-6-5-4-3-2-1

Relay Events: 22-18-16-14-12-10-8-6-4-2 (Only one relay per team may place and score).

Timing:

A Colorado Timing System with 10-lane video display scoreboard will be used. One to two manually operated stop watches will provide tertiary back-up. Timing and data processing will be provided by Sports Timing and Software, Inc. (<a href="www.sportstiming.com">www.sportstiming.com</a>).

Coaches Eligibility:

All coaches must be current members in good standing with USA Swimming. Coaches must present their credentials at check-in at the Clerk of Course in order to receive a deck pass. Coaches must display their deck pass at all times.

*Coaches' Meeting*: A coaches meeting will be held approximately 15 minutes prior to the start of the Thursday evening session. The Meet Referee may call other coaches' meetings as needed.

## Other Information:

*Officials*: All officials must show their current USA Swimming credentials at sign-in with the Meet Referee one hour prior to the session they will be officiating. Officials will display their credentials at all times.

- Meetings for Officials will begin no later than 45 minutes prior to each session's start time.
- Carolina Aquatics welcomes visiting officials. Individuals wishing to officiate or apprentice
  should contact the Meet Referee as soon as possible at <a href="mailto:carolinaco@aol.com">carolinaco@aol.com</a>. There will be a
  link set up by the meet referee for online sign up for officiating, although on-site sign-ups
  will be welcome as well.
- This meet will be an Official's Qualifying Meet. Officials interested in advancing their national level qualifications for N2 or N3 levels for stroke and turn and starter should complete a request to be evaluated form available on the SC LSC website Official's tab.

*Meet Eligibility Jury:* A Meet Eligibility Jury will be formed by the Meet Referee after the entries have been received as deemed necessary. This jury will be comprised of three (3) individuals as follows: one coach, one athlete, and one official. This jury will meet and determine the outcome of any protests affecting the eligibility of any swimmer to compete or to represent any team/organization.

Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

Other Information (continued):

*Meet Committee:* A Meet Committee will be formed by the Meet Referee prior to the start of the first session of the meet. This jury will consist of not less than three (3) and not more than five (5) persons, at least one of whom must be a coach and one an athlete.

Meet Management Committee: A Meet Management Committee will be formed by the Meet Referee prior to entry deadline for the meet. This committee will consist of five (5) persons, at least one of whom must be a coach, and one an athlete designated by the LSC Senior Athlete Representative. The Head Coach of the host club shall be included in along with the Meet Director. One SCLSC Board of Directors member shall also be added and be selected in this order: Technical Planning Chair, Age Group Chair, Senior Chair and Coaches Representative. There shall be no more than two Meet Management Committee members from the Host Club. Prior to the beginning of the meet, the Meet Management Committee will make the decisions regarding timeline breaks or any other changes needed to run the meet in the most efficient manner. Once the meet begins, these decisions will revert to the Meet Referee.

*Warm-up Procedures:* Team lane assignments will be posted at the start of each session. All SC Swimming LSC and USA Swimming safety guidelines will be enforced. Specific warm-up procedures will be posted on deck. Coaches must closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times, as announced. The use of pull buoys, paddles, kickboards, bands, tubing, and other equipment is prohibited. Warm-up and warm-down area is open at the discretion of the Meet Referee.

#### Scratch Rule:

- 1) Coaches with swimmers entered in more than three (3) events per day must scratch a swimmer from the excess events prior to the start of the session in which the swimmer is over entered. Coaches are encouraged to not over enter swimmers.
- 2) Any swimmer not planning to swim at Finals must scratch so those swimmers who would like to swim again may do so. Any swimmer qualifying for a Final or Consolation Final race in an individual event who fails to compete in said Final shall be barred from their next individual event except as noted in (5) below.
- 3) The penalty for missing a positive check-in deck-seeded event will result in being barred from the swimmer's next individual event except as noted in (5) below.
- 4) There will be no penalty for not swimming in the seeded preliminary events or for scratching a relay.
- 5) Exception for Failure to Compete. No penalty shall apply for failure to compete in or scratch an individual event if:
  - a. The Referee is notified in the event of illness or injury and accepts proof thereof.
  - b. The swimmer(s) qualifying for a Final or Consolation Final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after the announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event, swim-off, or re-swim event(s).
  - c. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**Swim Offs:** In the case of a swim-off, it is the responsibility of the Deck Referee to notify the coaches. Swim-offs will be held immediately following the preliminary session or not more than 45 minutes after the last heat of any event in which any one of these swimmers is competing in that session. Any swimmer not present for a swim-off will be dropped to the lower place.

*Time Trials:* Time Trials will be conducted at the conclusion of each session at the discretion of the Meet Referee. Fees must be paid <u>in cash</u> upon entry to the Clerk of Course prior to swimming a time trial.

Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

#### Other Information (continued):

*Timers and Counters:* Swimmers in an individual event 800 yards and longer are required to provide their own timer and, if needed, counter.

**Volunteers:** Each team is asked to provide one timer per session. Volunteer timers should report to the volunteer check-in table at the beginning of warm-ups for the session they plan to time.

*Hospitality:* There will be a hospitality room available for coaches and officials only. Meals served will be dinner on Thursday and breakfast/lunch/dinner Friday through Sunday. Snacks and beverages will be available during the course of the meet.

*Concessions:* Concessions and vendors will be available for visitors and swimmers during the meet, including a fully-equipped swim vendor. Personalized meet t-shirts will be available for purchase. Concessions and all vendors will be located on the concourse (2<sup>nd</sup> level) of the Blatt Center.

Hotels: When calling to reserve rooms, ask for "Carolina Aquatics" rate.

**Staybridge Suites** Located at 1913 Huger St. just 2.5 miles from the Blatt Center. \$115 for a King Suite, \$130 for a 1 Bedroom 2 Queen Suite. For individual rooms call 803-451-5900 or for group rates (team block) Call (877) 238-8889 and speak with Shelly Nutt. www.staycolumbiasc.com

**Towne Place Suites**. An extended stay hotel, just 5 miles from the Blatt Center located at 250 East Exchange Blvd. \$94 for Standard King Suite, \$109 for a Studio Double Queen, \$139 for a two bedroom suite. Call (803) 695-0062 and speak with Grace Sniffen. <a href="www.marriott.com">www.marriott.com</a>

**Holiday Inn Hotel & Suites**. Located at 110 McSwain Drive, West Columbia, just 10 minutes from the Blatt Center. \$109 for Double Queen room that includes breakfast. Call (803) 391-4000 and reference Carolina Aquatics LC State Champs. <a href="www.hicolumbiaairport.com">www.hicolumbiaairport.com</a>

Wingate Inn. Located at 217 Lanneau Ct. (off I-26 at the Harbison Blvd. exit, just 11 miles to pool). \$79 Carolina Aquatics Swim Team Rate. 803-407-6166 <a href="https://www.wingate.reservationcounter.com">www.wingate.reservationcounter.com</a>

# 2015 SC LSC Long Course State Championships Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

### **Order of Events**

#### Thursday Evening, July 23, 2015 (Session #1)

Warm-ups: 3:30 pm Start of Competition: 5:00 pm

| Girls | Event                 | Boys |
|-------|-----------------------|------|
| 1     | Senior 800 Free Relay | 2    |
| 3     | 11-12 400 IM          | 4    |
| 5     | 11& Over 800 Free     |      |
|       | 11 & Over 1500 Free   | 6    |

Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

#### Friday, July 24, 2015 Morning Preliminary (Session #2)

Warm-ups: 7:00 am Start of Competition: 8:30 am Girls Event **Boys** 11-12 200 Free Relay 39 40 13-14 400 Free Relay 42 41 43 Senior 400 Free Relay 44 15 11-12 200 Free 16 17 13-14 200 Free 18 19 Senior 200 Free 20 21 11-12 50 Breast 22 23 13-14 100 Breast 24 25 Senior 100 Breast 26 27 11-12 100 Fly 28 29 13-14 100 Fly 30 Senior 100 Fly 31 32 33 11-12 200 Back 34 13-14 400 IM 35 36 37 Senior 400 IM

#### Friday Afternoon Timed Finals, July 24, 2015 (Session #3)

Warm-ups: Immediately at end of morning prelim session Start of Competition: 1 hour after start of warm-ups

| Girls | Event                   | Boys |
|-------|-------------------------|------|
| 7     | 10&Under 200 Free       | 8    |
| 9     | 10&Under 50 Breast      | 10   |
| 11    | 10&Under 100 Fly        | 12   |
| 13    | 10&Under 200 Free Relay | 14   |

#### Friday Evening Final, July 24, 2015 (Session #4)

Warm-ups: 5:00 pm Start of Competition: 6:00 pm

| Girls | Event                 | Boys |
|-------|-----------------------|------|
| 15    | 11-12 200 Free        | 16   |
| 17    | 13-14 200 Free        | 18   |
| 19    | Senior 200 Free       | 20   |
| 21    | 11-12 50 Breast       | 22   |
| 23    | 13-14 100 Breast      | 24   |
| 25    | Senior 100 Breast     | 26   |
| 27    | 11-12 100 Fly         | 28   |
| 29    | 13-14 100 Fly         | 30   |
| 31    | Senior 100 Fly        | 32   |
| 33    | 11-12 200 Back        | 34   |
| 35    | 13-14 400 IM          | 36   |
| 37    | Senior 400 IM         | 38   |
| 39    | 11-12 200 Free Relay  | 40   |
| 41    | 13-14 400 Free Relay  | 42   |
| 43    | Senior 400 Free Relay | 44   |

Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

#### Saturday Morning Preliminary, July 25, 2015 (Session #5)

Warm-ups: 7:00 am Start of Competition: 8:30 am

| Girls | Event                   | Boys |
|-------|-------------------------|------|
| 81    | 11-12 200 Medley Relay  | 82   |
| 83    | 13-14 400 Medley Relay  | 84   |
| 85    | Senior 400 Medley Relay | 86   |
| 55    | 11-12 200 IM            | 56   |
| 57    | 13-14 200 IM            | 58   |
| 59    | Senior 200 IM           | 60   |
| 61    | 11-12 50 Free           | 62   |
| 63    | 13-14 50 Free           | 64   |
| 65    | Senior 50 Free          | 66   |
| 67    | 11-12 100 Back          | 68   |
| 69    | 13-14 200 Back          | 70   |
| 71    | Senior 200 Back         | 72   |
| 73    | 11-12 100 Breast        | 74   |
| 75    | 13-14 400 Free          | 76   |
| 77    | Senior 400 Free         | 78   |
| 79    | 11-12 400 Free          | 80   |

#### Saturday Afternoon Timed Finals, July 25, 2015 (Session #6)

Warm-ups: Immediately at end of morning prelim session Start of Competition: 1 hour after start of warm-ups

| Girls | Event                     | Boys |
|-------|---------------------------|------|
| 45    | 10&Under 200 IM           | 46   |
| 47    | 10&Under 50 Free          | 48   |
| 49    | 10&Under 100 Back         | 50   |
| 51    | 10&Under 100 Breast       | 52   |
| 53    | 10&Under 200 Medley Relay | 54   |

#### Saturday Evening Final, July 25, 2015 (Session #7)

Warm-ups: 5:00 pm Start of Competition: 6:00 pm

| Girls | Event                   | Boys |
|-------|-------------------------|------|
| 55    | 11-12 200 IM            | 56   |
| 57    | 13-14 200 IM            | 58   |
| 59    | Senior 200 IM           | 60   |
| 61    | 11-12 50 Free           | 62   |
| 63    | 13-14 50 Free           | 64   |
| 65    | Senior 50 Free          | 66   |
| 67    | 11-12 100 Back          | 68   |
| 69    | 13-14 200 Back          | 70   |
| 71    | Senior 200 Back         | 72   |
| 73    | 11-12 100 Breast        | 74   |
| 75    | 13-14 400 Free          | 76   |
| 77    | Senior 400 Free         | 78   |
| 79    | 11-12 400 Free          | 80   |
| 81    | 13-14 400 Medley Relay  | 82   |
| 83    | Senior 400 Medley Relay | 84   |
| 85    | 11-12 200 Medley Relay  | 86   |

Columbia, SC July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

#### Sunday Morning Preliminary, July 26, 2015 (Session #8)

Warm-ups: 7:00 am Start of Competition: 8:30 am

| Girls | Event               | Boys |
|-------|---------------------|------|
| 96    | 11-12 50 Back       | 97   |
| 99    | 13-14 100 Back      | 100  |
| 101   | Senior 100 Back     | 102  |
| 103   | 11-12 200 Fly       | 104  |
| 105   | 13-14 200 Fly       | 106  |
| 107   | Senior 200 Fly      | 108  |
| 109   | 11-12 200 Breast    | 110  |
| 111   | 13-14 200 Breast    | 112  |
| 113   | Senior 200 Breast   | 114  |
| 115   | 11-12 50 Fly        | 116  |
| 117   | 13-14 100 Free      | 118  |
| 119   | Senior 100 Free     | 120  |
| 121   | 11-12 100 Free      | 122  |
|       | 15 minute break     |      |
| 95    | 11 & Over 1500 Free |      |
|       | 11 & Over 800 Free  | 98   |

#### Sunday Afternoon Timed Finals, July 26, 2015 (Session #9)

Warm-ups: Immediately at end of morning prelim session Start of Competition: 1 hour after start of warm-ups

| Girls | Event             | Boys |
|-------|-------------------|------|
| 87    | 10&Under 50 Back  | 88   |
| 89    | 10&Under 50 Fly   | 90   |
| 91    | 10&Under 100 Free | 92   |
| 93    | 10&Under 400 Free | 94   |

#### Sunday Evening Final, July 26, 2015 (Session #10)

Warm-ups: 5:00 pm Start of Competition: 6:00 pm

| 95  | Girls | Event              | Boys |
|---|-------|--------------------|------|
| 10 minute break 11 & Over 800 Free 98 99 13-14 100 Back 100 101 Senior 100 Back 102 103 11-12 200 Fly 104 105 13-14 200 Fly 106 107 Senior 200 Fly 108 109 11-12 200 Breast 110   | 95    | 11&Over 1500 Free  |      |
| 11 & Over 800 Free     98       99     13-14 100 Back     100       101     Senior 100 Back     102       103     11-12 200 Fly     104       105     13-14 200 Fly     106       107     Senior 200 Fly     108       109     11-12 200 Breast     110 | 96    | 11-12 50 Back      | 97   |
| 99     13-14 100 Back     100       101     Senior 100 Back     102       103     11-12 200 Fly     104       105     13-14 200 Fly     106       107     Senior 200 Fly     108       109     11-12 200 Breast     110                                 |       | 10 minute break    |      |
| 101     Senior 100 Back     102       103     11-12 200 Fly     104       105     13-14 200 Fly     106       107     Senior 200 Fly     108       109     11-12 200 Breast     110   |       | 11 & Over 800 Free | 98   |
| 103     11-12 200 Fly     104       105     13-14 200 Fly     106       107     Senior 200 Fly     108       109     11-12 200 Breast     110   | 99    | 13-14 100 Back     | 100  |
| 105     13-14 200 Fly     106       107     Senior 200 Fly     108       109     11-12 200 Breast     110   | 101   | Senior 100 Back    | 102  |
| 107 Senior 200 Fly 108<br>109 11-12 200 Breast 110  | 103   | 11-12 200 Fly      | 104  |
| 109 11-12 200 Breast 110  | 105   | 13-14 200 Fly      | 106  |
|   | 107   | Senior 200 Fly     | 108  |
| 111 13 <sub>-</sub> 14 200 Rreast 112   | 109   | 11-12 200 Breast   | 110  |
| 111 13-14 200 Bleast 112  | 111   | 13-14 200 Breast   | 112  |
| 113 Senior 200 Breast 114   | 113   | Senior 200 Breast  | 114  |
| 115 11-12 50 Fly 116  | 115   | 11-12 50 Fly       | 116  |
| 117 13-14 100 Free 118  | 117   | 13-14 100 Free     | 118  |
| 119 Senior 100 Free 120   | 119   | Senior 100 Free    | 120  |
| 121 11-12 100 Free 122  | 121   | 11-12 100 Free     | 122  |

Columbia, SC Jul

July 23-26, 2015

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC15117LCM and SC15118TT

### **Meet Entry Summary Sheet** Total # of Swimmers \_\_\_\_\_ x \$20.00 Facility Fee = \$ \_\_\_\_\_ Total # of Swimmers \_\_\_\_\_ x \$2.00 SCLSC Travel Fund/Program Fee =\$ \_\_\_\_\_ Total # of Swimmers \_\_\_\_\_ x \$2.00 SCLSC Sports Development Fee =\$ \_\_\_\_\_ Total # of Swimmers \_\_\_\_\_ x \$1.00 Jennifer Smith Scholarship Fund = \$ Total # Individual Events: \_\_\_\_\_ x \$3.00 (10&Under Events) = \$ \_\_\_\_\_ Total # Individual Events: \_\_\_\_\_ x \$3.50 (11&Over Events) = \$ \_\_\_\_\_ Total # Relay Events:\_\_\_\_\_ x \$6.00 (entry per relay) = \$ \_\_\_\_\_ **Total Amount Enclosed** (payable to Carolina Aquatics): = \$ \_\_ In granting this sanction it is understood and agreed that USA Swimming, SC Swimming, Carolina Aquatics Swim Club, Inc., the University of South Carolina, Sports Timing & Software, Inc., and any volunteers, vendors, and sponsor organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Entry in the meet indicates compliance with the release and waiver. Mail completed Meet Entry Finance Summary and check, to: **SC LC State Championship** c/o Meet Director **33 Olde Springs Court** Columbia, SC 29223-6024 Club Code: \_\_\_\_\_ Head Coach: Cell: (\_\_\_\_)\_\_\_\_ Please Home: (\_\_\_\_)\_\_\_\_ Print! Email: \_\_\_\_\_ Team Mailing Address: Send e-mail results to:

Date: \_\_\_\_\_

I certify that this entry is completed to the best of my ability.

Signature/Title: